

Quarterly Newsletter

Abbeycliffe Residential Care Home

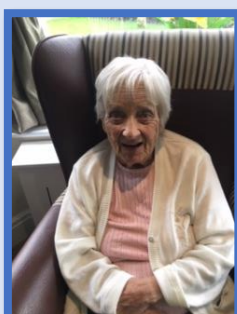
New Residents

We give a big warm welcome to our new residents, Christine, Sheila, Joan R and Minnie P, who have recently joined our Abbeycliffe family. We hope you settle in quickly and have a lovely time with us.

Christine



Sheila



We have also had the pleasure of Norah who has been with us on respite care.



Birthdays

A big happy birthday to
...Minnie P, Maureen E, Susan G, Joyce
C, Doreen W & Brian P.



We have also had the privilege of celebrating

Joan R's 102nd Birthday

in October but since then she has very sadly passed away. Our thoughts are with her family and friends at this very difficult time and we are very sorry for your loss.

Activities and Events

We have had an extremely busy few months at Abbeycliffe, but we have had a great time and made lots of amazing memories in the meantime.

We have enjoyed performances from **Ian Jenkins**, Entertainer, on 28th October & 29th November.



We have welcomed a new act from **Forza Dance School** on 2nd

October. The children were very pleasant and danced fabulously.

We look forward to having them back again soon.

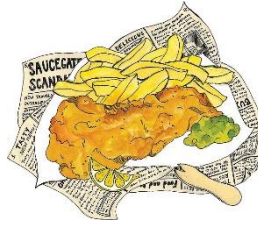


We have been getting our hearts racing and blood pumping with our very own **exercise coach Joe** on 8th/22nd October, 5th/19th November & 3rd/17th/31st December.



Activities and Events Continued...

On 12th November we had our feet tapping and hands clapping from a new group of Ukulele players called **'Ukes Like Us'**. We look forward to having you back again soon.



We have enjoyed eating **fish and chips** from a local chip shop in the dining room on 12th October & 14th December.



We have enjoyed **Movie Nights** on the big projector screen on 5th October, 2nd November & 7th December.

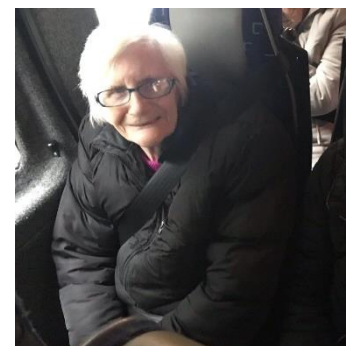


To commemorate **Armistice day**, we held a two – minute silence at 11am and had a themed Remembrance Day dinner.



On 17th October, the residents had a fun trip to **Blackpool** to see the illuminations and eat fish and chips on the front. They enjoyed singing on the bus and reminiscing on the good old days by the beach.

Unfortunately, Ester Martins clothes show was cancelled due to the closure her company. We will miss your visits, but we wish you all the best in the future.



Activities and Events Continued...

For Halloween, some of our residents went to **The Welly Community Café** for their **'SPOOKTACULAR'** afternoon tea event. They enjoyed the food and drink whilst watching a performance from two saxophonists.



The residents enjoyed the Christmas party they went to at our local social club, **'Radcliffe Borough Rotary Club'** on 28th November. There was lots of singing, dancing, eating, drinking and a raffle at the end.



All of our residents have had a fun time participating in our **Christmas activities**, including Christmas bauble decorating, gingerbread making and Christmas card making.



Activities and Events Continued...



Our annual **Christmas party** was held on 6th December and the residents and their friends and families had a fantastic time. We danced along to a performance from Wayne Allen, we had Christmas card making, party games, homemade minced pies and a surprise visit from Santa and his little helper.



We welcomed a group of **Brownies from Saint Phillips** on 12th December who came and performed a Christmas carol service for us. The residents thought the children were lovely and they enjoyed their performance. Thank you for coming and for the hamper you donated.



Our residents enjoyed the voluntary Christmas carol service performed by **Saint Thomas and Johns Church** on 20th December. Thank you very much and well done for winning a hamper in the raffle.



Thank you to all those who donated items to our Christmas raffle and well done to those who won prizes. We raised an incredible **£172.00**





On **Christmas day**, our residents enjoyed a delicious homecooked Christmas dinner with all the trimmings. The home was very busy with visits from all our friends and families. We hope you all had a lovely day.



Staff Notices

In October, we had a **Health and Wellbeing month** for our employees and on 31st October we held an event that was aimed at educating them on how to remain healthy and happy life within their workplace. We invited professionals from different services to the event to talk about the free services that Bury have to offer. The event was a great success and we hope the staff found it useful.



**FREE FRUIT FOR ALL
EMPLOYEES**



Recognition of Excellence

A big congratulations to **Leanne** our head cook for achieving our first ever '**Rising Star**' Award.

This award was presented to Leanne in recognition of her outstanding performance and achievements over the 5 years of being with us - Well done!



**Well done to our
employee of the
months:
October – Rebecca T
November – Ella Z**



Staff Notices Continued...

In the spirit of Christmas, we had 'Elf Day' on Friday 20th December for those staff who wished to dress up as **Elves**



Training

Infection control in care homes, 12th December – Lindsay and Rebecca (our infection control champions)

Later that afternoon, all staff were invited to a **pizza and prosecco** party where they gave out their secret Santa gifts and an award was given to HAYLEY for being the 'best dressed elf'

Other Notices

Improving the home

For additional security, we have installed a CCTV camera to the front gate with an internal monitor so we can see clearly who is entering and leaving the premises.

Renewable Energy Declaration

Abbeycliffe are proud to be one of the very few care homes in Bury that now receive their electricity from renewable wind sources with zero carbon emissions.



Our New Residents Champion

Hello, My name is Val, I can be here to show you around and help you settle in.



Testimonial

'Our aunt spent the last 12 months of her 91 years at Abbeycliffe.

Throughout her stay, she was looked after so well by amazing staff who always seemed as though they would go that extra mile to ensure the residents and their visitors enjoyed their stay.

The facilities matched the staff with cleanliness and the appropriate ambience always being maintained.

As a family, we would without hesitation recommend Abbeycliffe to anyone looking for a place for their loved ones in their time of need in confidence that they are being looked after in the way they would want

Well done Abbeycliffe and keep up the great work.

From Mark M, Son of the late Kathleen W – Dec 2019

Congratulations to Abbeycliffe

Well done to Abbeycliffe for being the **only home in Bury** to achieve **EXCELLENT** in all areas of the 'Greater Manchester Healthier Catering Award'.

Please ask Leanne our Head Cook for more information on how we have achieved this and what it means for our residents.



Other Notices Continued...

Hydration and Nutrition Event

On 17th October, we invited residents and their families to attend our Nutrition and Hydration event. This gave them the opportunity to gain information on Nutrition and Hydration and how to maintain a healthy and well-balanced diet for later in life.

We invited Carmel, a Nutritionist from Greater Manchester, who held an informative discussion to the group and was there to answer any questions that anyone had. We also had our head cook Leanne and senior carer Anna who is our nutrition/MUST champion who were available for individual discussions with residents and families about their individual needs and what resources and we have in place.

We received great feedback from the event as everyone found it to be educational and an opportunity to ask questions. They enjoyed being involved in the care that they and/or loved ones receive and gave them confidence that they are receiving the right nutrition and hydration.



Condolences

Over the past few months we have sadly lost some of our residents.

Our hearts go out to the families and friends of Margaret B, Kathleen W, Joan R, Constance H, Jean H, Kathleen B & Irene Z.

We are very sorry for your loss and we will miss them all dearly. Please stay in touch, our door is always open.

Contact us

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Any inquiries please contact Fiona or Hayley on 0161 850 2851.

ACTIVITIES UPDATE

Our Activities and Events Schedule will now be released on a quarterly basis and will be issued as an attachment to the Newsletter and displayed on our residents notice board.

