## ABBEYCLIFFE'S QUARTERLY NEWSLETTER

### 2021 Q3

Hello to all our relatives and friends! We hope you all enjoy reading our latest newsletter.

### **NEW RESIDENTS**

We give a big warm welcome to our new members of the Abbeycliffe family....

David



David is originally from Prestwich and had a Labrador called Bruce when he was younger. For all his working life, he was an electrician for British Rails. He also loves singing!







Graham is a friendly chap who is originally from Prestwich. He enjoys listening to his Alexa and takes an interest in football.

Graham



Betsy & Jenifer We've had the pleasure of two lovely ladies visiting us on respite. We hope you continue to enjoy the remaining time you have left with us at Abbeycliffe.





## **BIRTHDAYS**

Many happy returns to Sheila and Joan.

We hope you enjoyed celebrating your birthdays with all your friends at Abbeycliffe.

We've also had the pleasure of celebrating Renee T's 80<sup>th</sup> birthday and Christine's 70<sup>th</sup> birthday

We hope your special days were everything you wished for and more.

# ACTIVITIES AND EVENTS

# **FRENCH BASTILLE DAY**

To celebrate the National Day of France on 14<sup>th</sup> July, the residents enjoyed a French themed breakfast and dinner followed by an afternoon of French wine tasting, a quiz, and flag painting.



**INDIAN INDEPENDENCE DAY** 

On 15<sup>th</sup> August, we celebrated Indian Independence Day by having an Indian themed dinner. This included chicken curry with rice, home-made samosas, poppadom's, naan bread and mango chutney. We also had a live performance from Sharmista, a Bollywood dancer, and played an Indian trivia quiz with Chai tea and biscuits in the

### SUMMER RAFFLE



Thank you to everyone for your donations towards our summer raffle. We raised **£171.00** for our residents' funds. dining room.







#### **ENTERTAINER IAN JENKINS**

On 22<sup>nd</sup> July and 30<sup>th</sup> September, we enjoyed the company of Ian Jenkins. He entertained our residents with singing the very best songs from a range of genres in all decades.



# **COFFEE AFTERNOONS**

On Friday afternoons our residents enjoy small group discussions over a cup of coffee in the dining room. Topics have included 1940s fashion, Manchester's past and present and holidays to Blackpool.





For the World's Biggest Coffee Morning on Friday 24<sup>th</sup> September, a small group of residents gathered in the dining room for coffee and delicious homemade cakes made by our very own Head Cook, Leanne.

## BAKING

Every Thursday afternoon we gather in the dining room for baking or cooking. The residents enjoy getting stuck into the task at hand whilst spending time with fellow residents who share a common interest in baking or cooking.



## **'SINGING FOR THE BRAIN'**

For World Alzheimer's day on 21<sup>st</sup> September, we had the pleasure of listening and singing along to the performance 'Singing for the Brain' from Peter from the Alzheimer's Society.





## **EXERCISE COACH JOE IS BACK!**

We welcome back Joe, an exercise coach, from Superstars Coaching. Joe will be coming to Abbeycliffe on a fortnightly basis to help the residents with three key elements: physical, psychological, and social development. These sessions are designed to be fun and interactive, and all residents will be encouraged to participate.



## **MEXICAN INDEPENDENCE DAY**

#### **MOVIE NIGHTS ARE BACK!**

A

After a temporary technical fault, the projector is now back up and running, meaning movie nights can resume as normal on the first Thursday evening of every month. The last movie the residents watched and enjoyed was Dirty Dancing which was requested by Wendy!



On 16<sup>th</sup> September, we had a fun filled day for Mexican Independence Day. The staff enjoyed performing 'The Hat Dance' to the residents, followed by a sing song and Mexican quiz. We also had pinata making and a 'Do it yourself Taco Bar'. This was to encourage residents to be independent and serve themselves whilst also having some fun. It included all the tasty ingredients to make tacos plus cheesy nachos and sangria. Everyone including the staff had a fantastic day.



## **OTHER NOTICES**

#### **EMPLOYEE OF THE MONTH**

Well done to Christine, Sarah and Yvonne for being nominated by their colleagues







# THANK YOU TO...

**Christine!**... We had an anonymous suggestion left in the suggestion box to thank Christine for all the help she gives the staff. Whether this is by setting the tables for tea, or letting us know someone is at the door. You're a fantastic little helper, THANK YOU.





### **CARE ROADSHOW**

When Fiona, Hayley and Sonia attended this year's Care Roadshow, they were joined by a variety of care suppliers, industry experts, and like-minded care professionals to discover innovative products and services as well as the latest updates and ideas. They had a fantastic day and came away with some useful information, and a few freebies!

## **VISITORS LODGE**

The newly completed lodge has been welcoming visitors and all our residents and relatives have been extremely complimentary of the new facility and what benefits it brings to the home.

#### **CARE DOCS – GOING DIGITAL**

We are excited to introduce a new digital care management and planning software called 'Care Docs'. This is a cloud-based system which allows staff to access information such as care plans, policies, and procedures. It is designed to maximise efficiency and to support a person-centred approach to care.



# THE GREAT BRITISH CARE AWARDS

CONGRATULATIONS to Leanne on winning the Highly Commended Award in the category for 'The Care Home Cook/Chef' at the Great British Care Awards, Northwest region.

The staff who attended had such an exciting and emotional evening, and we couldn't be any prouder of her and what she's achieved.

Even more excitingly, Leanne was then shortlisted for the same award but at the **NATIONAL FINALS!!** 

After an extremely anxious wait, Leanne unfortunately did not win. However, to see how her confidence has grown, has made her a winner in our eyes. We are very proud of her and blessed to have such talent working within our Abbeycliffe team – WELL DONE!







# **NEW STAFF**

We welcome Karen into the Abbeycliffe Team. She is our new Kitchen Assistant and will predominately be working on the evening shifts.





## **NEW CHAMPION**

Nick is now our new wheelchair and zimmerframe champion and will be happy to help with any relating queries or issues.



5 YEARS OF SERVICE BRONZE AWARD

Well done to Gill from Support Services for recently achieving her 5 years of service, Bronze Award.

# **DATES FOR THE DIARY**

# Malnutrition Week – 11<sup>th</sup> to 17<sup>th</sup> October

A week dedicated to raising awareness of malnutrition and is aimed to help people better recognise the signs of malnutrition and to encourage health and social care professionals to prioritise screening.

# **Employee Wellbeing Month –** November

As caring for our employees is a core value of Abbeycliffe, we aim to use this month to boost employee welfare. There will be a fitness challenge, free unlimited fruit, and wellness information sheets and books to take away and borrow.

# 'Golden Oldies' Christmas Party

The annual Christmas Party is on Thursday 2<sup>nd</sup> December at our local **Radcliffe Rotary Club. Consent forms** will be handed out nearer the time.

Private discussions will be held between the residents and Leanne, our Head Cook, on their dislikes and likes.

# **Maxine and Brian Warner** (Favourites of the Royals!)



A live performance of opera, pop, musicals, and more is coming to Abbeycliffe on Tuesday 26<sup>th</sup> October, 14.00 to 15:00.

# Abbeycliffe at the Movies

In November, a spectacular staff performance is coming to Abbeycliffe. We will be preforming the best songs from well known musicals.

# **Abbeycliffes Christmas Party**

On Friday 3<sup>rd</sup> December, 14:00 to 16:00, with a live performance from Ian Jenkins

# **A Christmas Carol Pantomime**

A live performance by 'Northeast Producers' on Thursday 23<sup>rd</sup> December at 17:30

There will also be pumpkin carving, winter menu food tasting, Christmas events and many more fun-filled activities...



# **CONDOLENCES**



We have very sadly lost one of our long-standing residents, Susan R. Our hearts go out to all her family & friends, we will miss her dearly.

# **CONTACT US**

Any inquiries please contact Fiona or Hayley on 0161 850 2851

or call in at: 50 School Street, Radcliffe, Bury, M26 3BP



### **Nutrition and Hydration Month** – October 1