

# ABBEYCLIFFE'S QUARTERLY NEWSLETTER

## 2023 Q1

### OUR LATEST CQC INSPECTION RATED US 'GOOD'!!!



Safe	Good
Effective	Good
Caring	Good
Responsive	Good
Well-led	Good

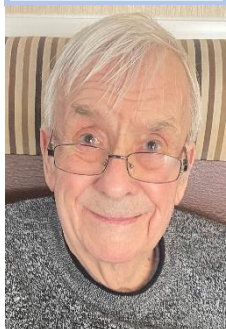
We are delighted to be awarded 'GOOD' in all areas inspected on 19th January 2023. This means we are now rated overall 'GOOD'.

It is a fantastic report that gives a true reflection of our hard work and quality of care for our residents. A huge well done to everyone at Abbeycliffe! For the full report go to the CQC website.



#### NEW RESIDENTS

DAVID



JEAN



JOHN



MARTIN



ARTHUR



THOMAS



MAUREEN



MARGARET



JOINING THE ABBEYCLIFFE FAMILY AS A MARRIED COUPLE

NOW REUNITED WITH HUSBAND AND FELLOW RESIDENT, DENNIS

#### BIRTHDAYS

Many happy returns to...

**VERA, ROSEMARY,  
AND SYLVIA**

And a big happy birthday  
to **DENNIS**  
who turned 90 in March!



## ACTIVITIES AND EVENTS

### VIRTUAL REALITY DOCTORS

10<sup>TH</sup> JANUARY & 28<sup>TH</sup> March



The residents enjoyed their experience of Angel Falls waterfall and being under the sea.

## The Bolton News

WE ARE DELIGHTED TO HAVE ONE OF OUR RESIDENTS, CHRISTINE J, TO BE SELECTED AS PART OF A CASE STUDY FOR **VIRTUAL REALITY DOCTORS** AND THAT THE STUDY WILL BE PUBLISHED IN **THE BOLTON NEWS!!!**

Release dates are not yet known but keep an eye on our Facebook page where we will publish the link once available.



## PADDY JOHNSON COUNTRY AND WESTERN SINGER

20<sup>TH</sup> JANUARY

His set list included classic country and 60's music such as Johnny Cash, Kenny Rogers, Tom Jones, and Elvis Presley



## CHINESE NEW YEAR

22<sup>ND</sup> JANUARY



The residents enjoyed themed activities such as word searches, crosswords, and a quiz.

For lunch they had the option of sweet and sour pork, rice, prawn crackers, samosas, and duck rolls.



## BIRD WATCHING CHALLENGE

27<sup>th</sup> – 29<sup>th</sup> JANUARY

As part of the RSPB Bird Watching challenge, we saw blackbirds, magpies, and pigeons. As a team, the residents answered most of the winter birds quiz questions correctly, well done!







## CHAIR YOGA

31<sup>ST</sup> JANUARY

The residents had a great time with 'The Yoga Lady', Hayley, as they dusted off those cobwebs with some yoga stretches  
#ChairYoga #Mindfulness #Wellbeing



## QUIZ NIGHT AT THE CLIFFE PUB

8<sup>TH</sup> FEBRUARY

The residents divided themselves into teams of 4 to answer 24 general knowledge questions. Well done to team 'Love Birds' on answering the most questions correctly and winning the Pub Quiz!



## MUSIC THERAPY 9<sup>TH</sup> FEBRUARY

Testing out our new song sheets and instruments as we had a music therapy session with Debs and Danielle.







## LUNCH OUT AT BRADLEY FOLD GARDEN CENTRE

13<sup>TH</sup> FEBRUARY



A group of residents enjoyed their trip to a local garden centre for lunch. They filled themselves with delicious sandwiches and cakes from the café.

## VALENTINES DAY MEAL

14<sup>TH</sup> FEBRUARY



Our lovely Jenny with her handsome husband Vincent on Valentine's Day!  
60 years of marriage and still so besotted with each other.



## A VISIT FROM ST MARYS SCHOOL CHILDREN CENTRE

15<sup>TH</sup> FEBRUARY



It was wonderful to welcome back the children from St Mary's Primary School for the activity – Painting Stones. They decorated the stones in bright colours ready to be placed in our new memorial garden.



## CHRIS DAVIDS

19<sup>TH</sup> FEBRUARY

All of our residents had a fantastic time dancing and singing along to the 50's/60's hits sung by Chris. We look forward to welcoming him back in April for our 10-year Anniversary Event!



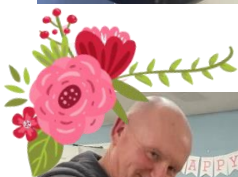


## PANCAKE FLIPPING 21<sup>ST</sup> FEBRUARY

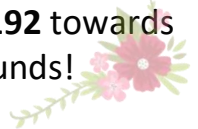
After a fun afternoon flipping pancakes for Shrove Tuesday, we crowned **JEAN** this years' winner!!



## MOTHER'S DAY 19<sup>TH</sup> MARCH



We had such a wonderful day celebrating all our mothers at Abbeycliffe! It was fantastic to see so many relatives at our coffee and cake afternoon. Thank you so much for all your donations, we raised an incredible **£192** towards our residents' funds!



## ADELE RICHARDSON

26<sup>TH</sup> MARCH

Performing as a duo, Adele and partner sung popular 50's and 60's rock songs that had everyone singing and dancing along.



## SPRING HAS ARRIVED!! 23<sup>RD</sup> MARCH

Although a great idea, paper flower making proved to be much tougher than what we first thought, well done!



UPCOMING...

THE MEMORIAL GARDEN OPENING DAY  
WEDNESDAY 6<sup>TH</sup> APRIL 2023



# ABBEYCLIFFE CARE HOME INVITES YOU TO JOIN IN OUR 10<sup>th</sup> ANNIVERSARY CELEBRATIONS

ON: WEDNESDAY 19<sup>TH</sup> APRIL

TIME: 2-4.30PM

~ PRESENTATION ~ DRINKS ~ BUFFET ~ MUSIC AND  
LIVE SINGING FROM CHRIS DAVIDS ~ VISIT FROM  
MAYOR OF BURY ~

ALL UPCOMING ACTIVITIES AND EVENTS ARE NOW BEING DISPLAYED  
MONTHLY ON THE NOTICE BOARD IN THE RECEPTION AREA.

ANY REQUESTS PLEASE EMAIL [SONIA@ABBEYCLIFFECAREHOME.CO.UK](mailto:SONIA@ABBEYCLIFFECAREHOME.CO.UK)

## OTHER NOTICES

### EMPLOYEE OF THE MONTH

Well done to each of the  
staff below for being  
nominated as our Employee  
of the Month.

JANUARY - MICHELLE



JANUARY - MICHELLE



MARCH – ALLIE



### NEW DINING ROOM FLOOR

The dining room floor was  
in need of repair and so  
we've had new flooring  
put down to make it safer  
for our residents  
to walk on.







## HAPPY 66<sup>TH</sup> BIRTHDAY

Although not retiring just yet, we'd like to wish our Accountant, Julie, a big happy retirement birthday. We hope you enjoyed your celebrations.

## HAPPY 65<sup>TH</sup> BIRTHDAY

A big happy birthday to Jill in Support Services. We hope you had a wonderful time celebrating.



## GOODBYES

We'd like to say our goodbyes to **Sonya** who has sadly had to move on and receive care elsewhere. We hope you have settled well into your new home.

We'd also like to pay tribute to those residents who have sadly lost their lives.

**Beryl ~ Michael ~ Sidney ~ Gerry ~ Kate  
Trevor ~ Hetty ~ Margaret**

The staff and residents at Abbeycliffe miss them all very much and our thoughts and prayers are with their families and friends.

**JOB VACANCIES: CARE ASSISTANT ON NIGHTS AND ACTIVITIES COORDINATOR – PLEASE APPLY WITHIN OR ON INDEED**

## CONTACT US

Any inquiries please contact Fiona or Hayley on

**0161 850 2851**

