

Quarterly Newsletter

Abbeycliffe Residential Care Home

NEW RESIDENTS

We give a big warm welcome to Emily, our latest member of the Abbeycliffe family.

Emily enjoys hiking, riding bicycles and have a regular cigarette. She has found a lovely friendship with Malcom.



Birthdays

Many happy returns to....

Susan R
Mary C
Mary L
Sheila
Joan M
Christine
Eric
Malcom

We hope you enjoyed celebrating your birthday with us.

INHOUSE ACTIVITIES

Baking

The residents have been doing quite a lot of baking recently. They have enjoyed getting together in small groups and doing an activity that they all enjoy and love the taste of!



INHOUSE ACTIVITIES CONTD...

Ian Jenkins

Abbeycliffe welcomed back some live entertainment from the wonderful Ian Jenkins. The residents sat and enjoyed his performance from outside whilst ensuring all Covid-19 guidelines were met. The weather was lovely, and the residents enjoyed having an ice cream, or two!



'Ahh so lovely to see Wendy and everyone enjoying the entertainment outside in the fresh air with the amazing Ian Jenkins! And so happy to see everyone looking so well! Thank you to the management and all the staff for their continuing care especially during this very emotional and difficult time' – Helen (Sister of resident)

'He was wonderful and what we all needed. He is a good singer and gets us all singing along with him. The ice cream was a bonus too' – Joan M (Resident)

Movie Nights

The residents have watched Mama Mia and West Side Story on the big screen whilst also enjoying snacks and beverages.



Walking club

The residents have been making the most of the nice weather by taking a stroll around the local area.



INHOUSE ACTIVITIES CONTD...

Singalong with Paris

The residents have thoroughly enjoyed the performances from Paris on her keyboard. She has recently learnt some all-time favourite songs and so the residents have enjoyed singling along with word sheets in front of them to 'jog their memory' with the lyrics. The performances have been fabulous for the residents and we thank Paris for her



performances.



Book Club

From time to time, a small group of residents get together in the dining room to read books and have group discussions on what they like and enjoy reading. The biscuits and cakes always go down a treat too!



OTHER NOTICES

LOOK WHOS
TURNING 100!!



FLORENCE'S 100TH BIRTHDAY!

On Thursday 5th November Florence will be celebrating an incredible milestone - her 100th birthday! and although the celebrations might not be as she had originally hoped, we will still be celebrating all together by having Afternoon Tea and using the day for all residents to learn more about Florence - 'The life of Florence - Biography'. If anyone would like to send in a card or gift, please can you do so before Friday 30th October – Thank you



OTHER NOTICES CONTD...



NUTRITION AND HYDRATION WEEK

Nutrition and Hydration Week

Between 5th – 12th October we will be hosting our very own Nutrition and Hydration Week where we will sit with small groups of residents each day to discuss the importance of eating well and staying hydrated. We will have one to one discussions with each resident to ask them more about their preferred choices of food and drink and look at ways to improve and update our menus. Our cook, Leanne, is always on hand to discuss with residents or families any specific dietary requirements you feel would benefit yourself or your loved ones.

SHOE BOX REMINISCENCE DAY

On 18th November 2020 we will be having a Reminiscence Day whereby we will be inviting all residents' families to hand in a small shoe box full of reminiscence items for their loved ones. It could include items such as old photographs, old scents, an old book, anything that you feel they might appreciate and remember. We ask that all boxes are handed in before 4th November so we can fully sanitise it before the day. Can you also please ensure they are handed in in a plastic bag which is securely fastened and that has yours and the residents name on. If you wish to collect your box after the event, please ask a member of the management team so we can ensure the safe keeping of your box.



Staff training

Well done to the staff on completing the below training:

Hayley & Fiona - Care Home
Covid-19 Swabbing
Competency Assessment
Module

Fiona – Covid-19
Psychological First Aid

Fiona & Hayley – Infection
Control in Care Homes

Fiona & Hayley – Supporting
Care Home Managers

Fire Safety at Work – Inhouse
training with hands on
experience on using a fire
extinguisher on a real fire.

WEDNESDAY 18TH NOVEMBER

HEALTH AND WELLBEING MONTH FOR STAFF - NOVEMBER



FREE FRUIT FOR ALL EMPLOYEES

Upcoming Events

Activities for
Halloween,
Bonfire Night,
Elf day, and
Christmas all to
be confirmed.

OTHER NOTICES CONTD...

5
YEARS



5 Years of Service, Bronze Award

Well done to Amanda (Care Assistant) and Sue M (Support Services) for recently achieving their 5 years of Service, Bronze Award.



5
YEARS

Employee of the Month

Well done to our three Employee of the Month: Michelle (Deputy Manager), Lyndsay (Senior Night Care Assistant) and Seana (Care Assistant). These were very much deserved – WELL DONE!



Iris was delighted to receive a personalised cushion from her family. She is very thankful, and it makes her very happy.

Bag the Bug

Bag the Bug are a charitable organisation who create uniform bags for healthcare staff. They can be put straight into the washing machine so there is no loose uniform which may be contaminated. Bag the Bug very kindly gave each member of our staff 2 wash bags each and the staff were incredibly grateful for this – thank you!



Thank you to Amy from Bolton for her donation of sewing equipment to the residents. This will come in handy over the coming months!

OTHER NOTICES CONTD...



St Gregorys RC Primary School - Letters

Thank you to the children of St Gregorys RC Primary School in Farnworth for taking the time to write individual letters to each of our residents. They were received with warmth and happiness knowing that people were thinking of them during this difficult time.



Fancy Folk - Postcards

Fancy Folk is a small arts and crafts company which originated from Bolton. They sent their well wishes to each resident on a symbolic 'rainbow' design postcard. Thank you from all the residents at Abbeycliffe they were very much appreciated.



Covid-19 Update

We have now started a separate monthly Covid-19 update sheet. If you wish to receive it then please contact Fiona at the home.

NEW STAFF

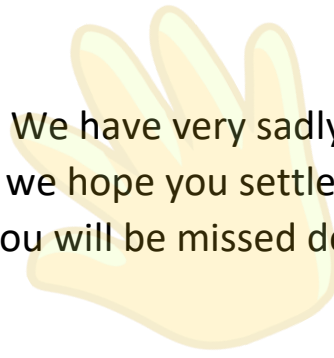
We give a big warm welcome to
our latest staff member and
Senior Carer, Patricia.

Pat has worked in care for over
40 years and worked in a variety
of care settings.



Goodbyes

We have very sadly said goodbye to Betty M,
we hope you settle well into your new home.
You will be missed dearly, please stay in touch.



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